



Preoperative Hibiclens Bathing Instructions

In preparation for your surgery, it is important that you take action to assist in the prevention of a surgical site infection. We request that you follow these instructions to prepare your skin to be as germ-free as possible.

You will need to shower with a special soap called chlorhexidine gluconate (CHG). A common brand name for this soap is Hibiclens, but any brand is acceptable to use. This special soap can be purchased at any pharmacy. You can also come in to the Manchester Memorial Hospital Ambulatory Services Center Monday to Friday from 12:00pm to 5:00pm located on Guard Street pick up your Hibiclens at no cost to you.

If you are allergic to CHG, or if there is any other reason that washing with CHG is not possible, please follow the instructions below and use antibacterial soap.

Hibiclens Patient Skin Cleaning Instructions for Bathing or Showers

Read the “Drug Facts” information and directions on the bottle

- A. Hibiclens should not be used if you are allergic to chlorhexidine gluconate or any other ingredients in this preparation.
- B. Hibiclens is not to be used on the head or face. Avoid contact with eyes, ears, and mouth.
- C. Hibiclens is not to be used in the genital area.
- D. Do not shave your legs or other body areas before your use this product.

Night Before Surgery

1. When you bathe or shower:
 - a. Wash your hair as usual with your regular shampoo. Then rinse your hair and body thoroughly to remove any shampoo residue.
 - b. Wash your face with regular soap or water only.
 - c. Wash your genital area with regular soap or water only.
 - d. Thoroughly rinse your body with warm water from the neck down.
 - e. Turn off the water (this will prevent rinsing the CHG soap off too soon).
 - f. Apply the minimum amount of Hibiclens necessary to cover the skin. Use Hibiclens as you would any other liquid soap. You can apply Hibiclens to the skin and wash gently for 5 minutes with a wash cloth. Pay special attention to the area of surgery.
 - g. Turn the water back on and rinse thoroughly with warm water.
 - h. Do not use your regular soap after applying and rinsing Hibiclens.
 - i. Pat yourself dry with a clean towel.
 - j. Do not apply lotion, powders or perfumes to the areas cleaned with Hibiclens.
 - k. Put on clean clothes.

Morning of Surgery

1. If time permits follow the Night Before Surgery instructions.
2. If time is limited just wash the area intended for surgery as stated in the instructions above.