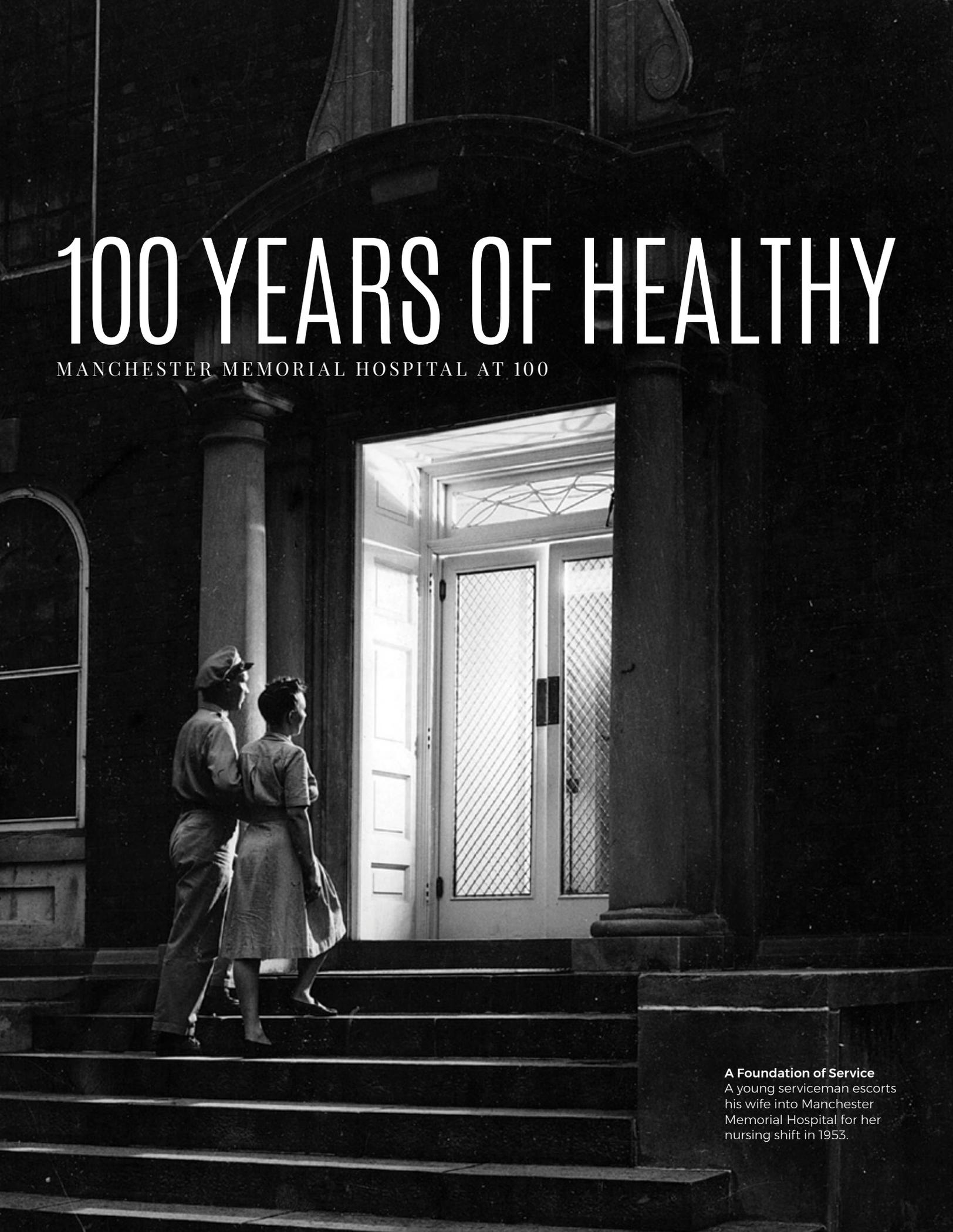
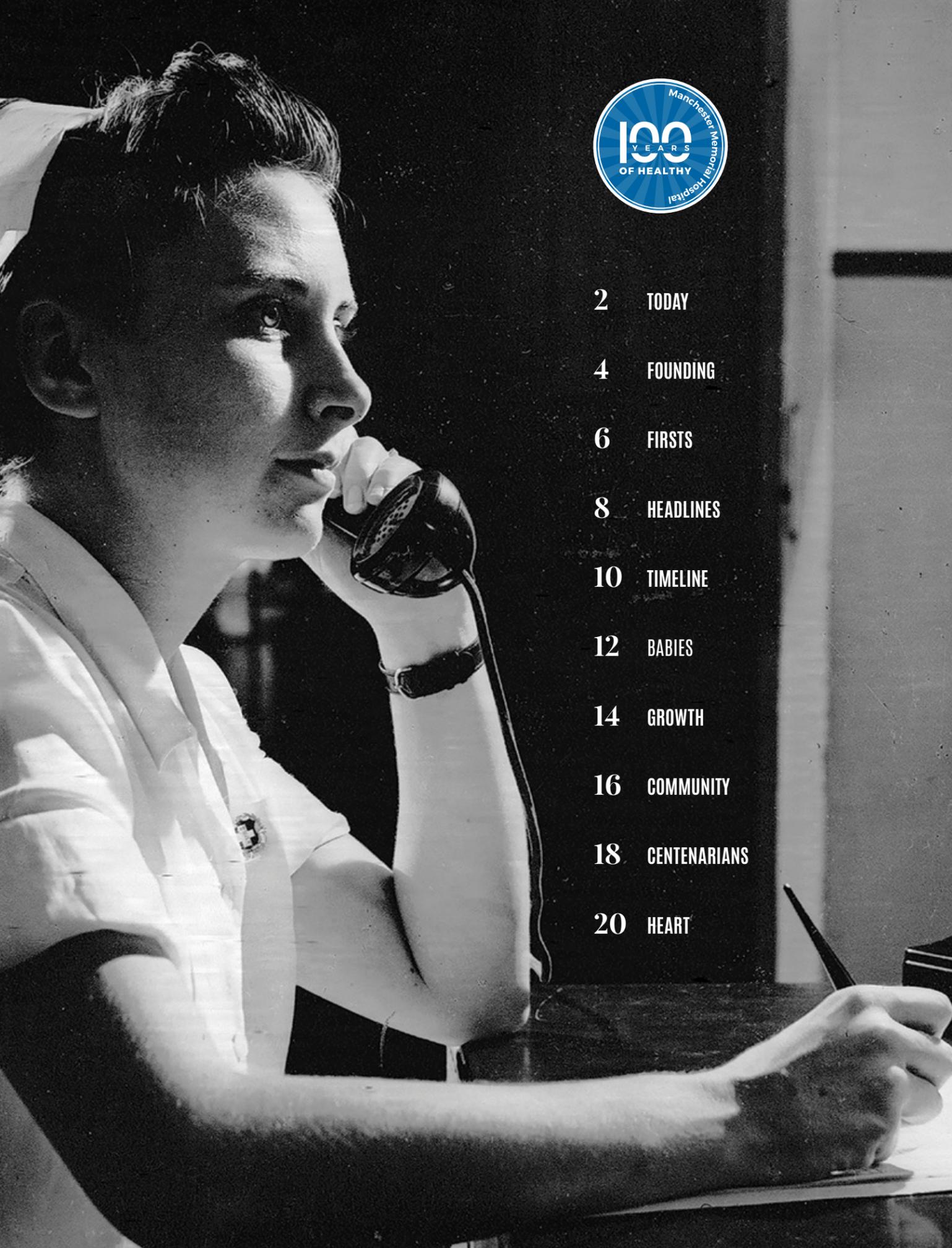


100 YEARS OF HEALTHY

MANCHESTER MEMORIAL HOSPITAL AT 100



A Foundation of Service
A young serviceman escorts
his wife into Manchester
Memorial Hospital for her
nursing shift in 1953.



- 2 TODAY
- 4 FOUNDING
- 6 FIRSTS
- 8 HEADLINES
- 10 TIMELINE
- 12 BABIES
- 14 GROWTH
- 16 COMMUNITY
- 18 CENTENARIANS
- 20 HEART

Readiness Its Watchword

It is, then, a well-rounded, efficient Hospital that you have at hand, ready to place any and all of its facilities at your service. It is a Hospital that is remaking men, women and children, that is teaching us all how to live.

And if perchance the wheel of fortune should suddenly turn and sickness or injury should fall to your lot, the kindness and generosity you have shown for others, in the support of our common Hospital will bring its grateful reward in Service to you that cannot be surpassed throughout the length or breadth of the country.

NEVER FORGET THAT THIS HOSPITAL IS YOUR HOSPITAL WHENEVER YOU NEED IT



On behalf of the entire Manchester Memorial Hospital community, we invite you to experience this remarkable account of our first 100 years. We thank you for helping to write it, too. Like the hospital itself, this history belongs to you.

A century ago, our community answered the call by financing, building and maintaining its very own hospital. Today, that tradition continues through the compassionate care and expertise of our physicians, nurses, administrators and caregivers.

A true community hospital doesn't just serve a community, it becomes indistinguishable from it, embodying the spirit of its people and growing apace with its needs. The founders

knew this was the type of hospital to build, and so they did, without pause. They raised the money to start our hospital from citizens and businesses in less than a week in 1919.

I am particularly moved by the words in the excerpt above from a community booklet written just four years after our hospital opened its doors. It speaks of service (fittingly with a capital "S"), vigilance, education, compassion, quality of care, wellness and, most notably, a shared sense of ownership for each other's health and well-being. *Never forget that the hospital is your hospital whenever you need it.*

This was true 100 years ago, and it holds true today.



To watch our history in video, scan this code or go to echn.org/100

Deborah Weymouth
Chief Executive Officer, Manchester Memorial Hospital



THE HOSPITAL AT 100

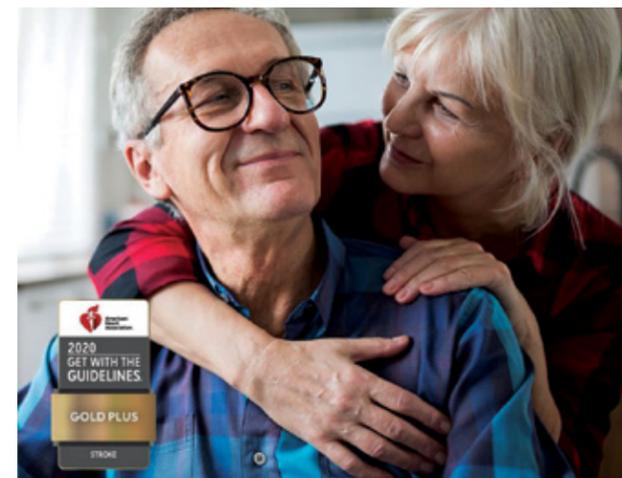
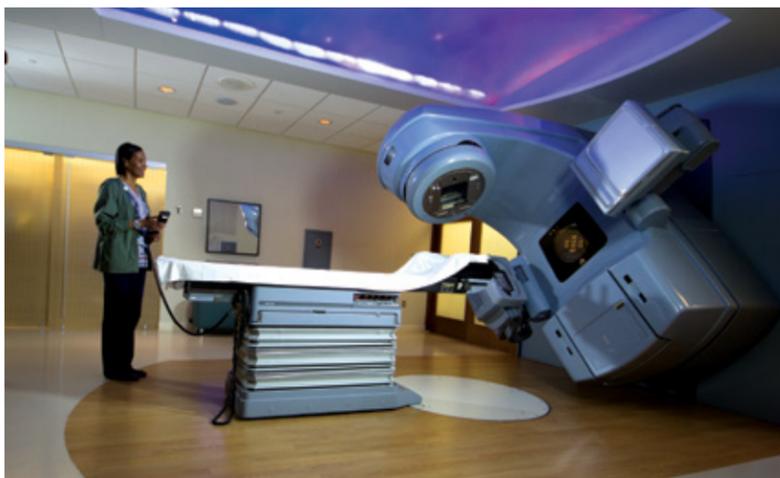
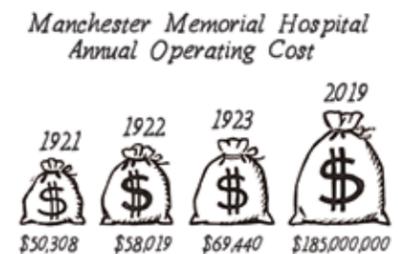
IN WHICH WE FIND A PRESENT SHAPED BY OUR HISTORY

MANCHESTER MEMORIAL HOSPITAL HAS GROWN FROM A HUMBLE 50-BED FACILITY TO A PROGRESSIVE HOSPITAL, INTEGRAL TO THE HEALTH OF THOUSANDS AND PART OF THE VERY FIBER OF THE COMMUNITY.

The community hospital moniker often suggests an institution woefully less progressive than its big city brethren. Manchester Memorial Hospital is the exception. It proudly wears “community” because of where its allegiance lies. Built by the community, for the community 100 years ago, it directs its actions solely in response to the community’s evolving health needs.

And when it comes to progressive care, city hospitals don’t have a monopoly on innovation or quality. Manchester Memorial stays in step with or outperforms its peers in technology, accreditations, outcomes, awards and more.

Today, the 249-bed acute-care hospital offers several best-in-class services including cancer care, maternity, stroke care, behavioral health, primary care and robotic-assisted surgery. For the eastern Connecticut region, the hospital both embodies and continuously redefines the very idea of what a community hospital can be.





The 1919 welcome home parade at the end of World War I was "a riot of joy!" Shortly after, discussions began about building a war memorial.



The flag had 45 stars, one for each Manchester man who died in service. Soon, their names, and plans for a new hospital, would be set in stone.

100 STARTING WITH 45

IN WHICH WE RECOUNT HOW IT ALL BEGAN

In the absence of a local hospital, citizens of Manchester in need of care had to be transported over unpaved roads by horse and buggy to Hartford. In 1918, that method proved untenable. The great influenza pandemic ravaged the world, affecting a quarter of the population. With more than 3,000 cases in Manchester alone and hospitals overflowing, the Cheney Brothers – local business owners and community leaders – offered the main floor of Cheney Hall for use as an emergency hospital. The head of the local American Red Cross, Mr. C. Elmore Watkins, graciously accepted the offer. It is uncertain how many lives were saved.

As the pandemic mercifully subsided and World War I ended, town officials met to

discuss building a war memorial. Mr. Watkins proposed the memorial be a hospital, and he began a public fundraiser. The community, inspired by the Cheney family's generosity, raised \$195,000 in less than a week – the equivalent purchasing power of over \$2.5 million today.

On Armistice Day in 1920, Manchester Memorial Hospital was established and dedicated to the 45 Manchester men who lost their lives in the war. A plaque bearing their names adorns a hospital wall, and 45 trees were planted in their honor.

From the beginning, the hospital had visionary leadership. Most notable was Miss Hannah Malmgren, described at the time as "a woman of extraordinary grace, dignity and charm."



A young woman works at a Cheney Brothers silk factory around the turn of the century.



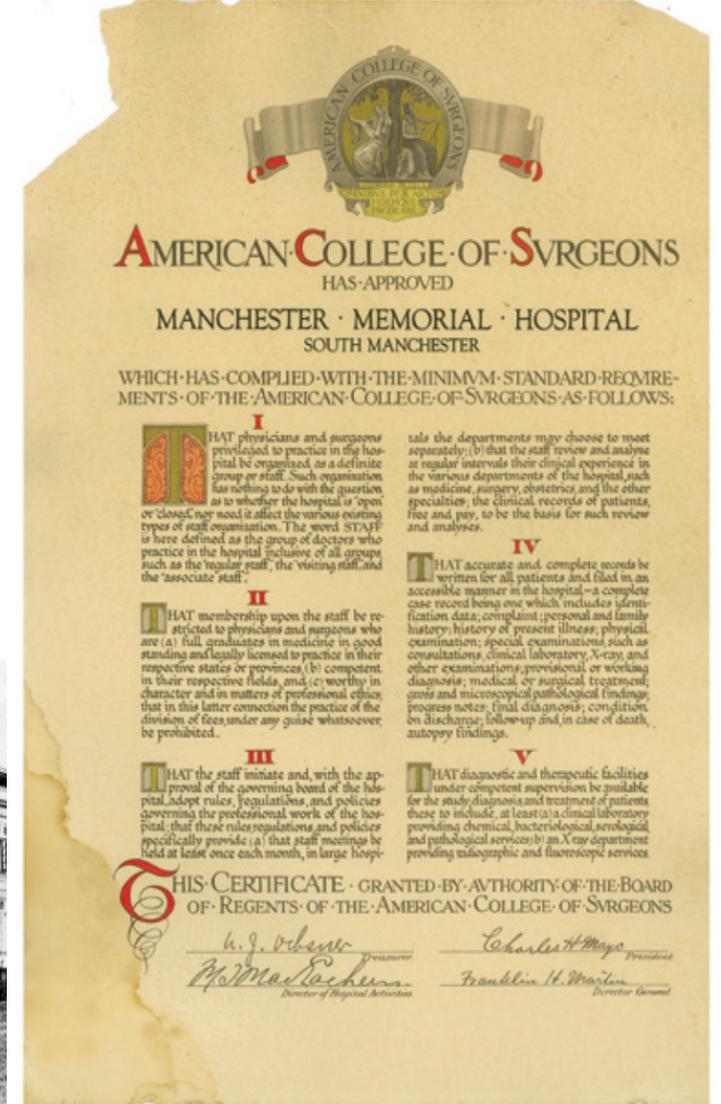
Mr. C. Elmore Watkins Miss Hannah Malmgren

Supporters' pin, circa 1920



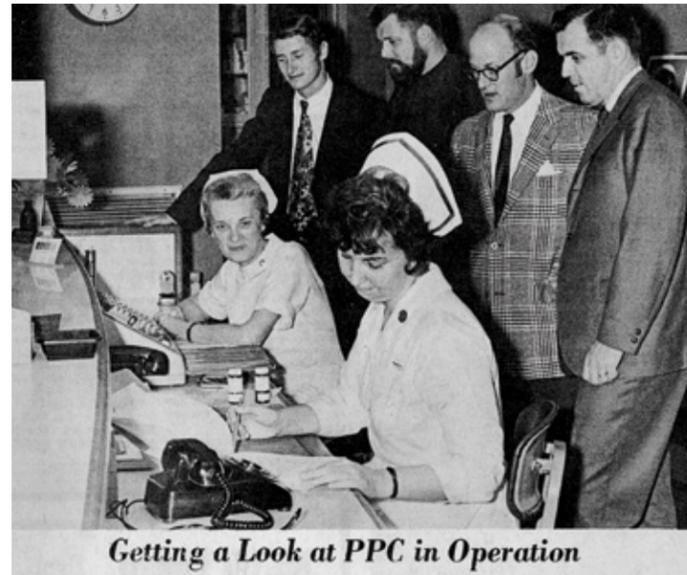
Miss Malmgren was welcomed in as hospital superintendent in 1922, arriving from Fordham Hospital in New York City. She immediately recruited world-renowned consultants, courted top physicians and established the highest standards of hospital operation. Within a year, the hospital gained full accreditation from the American College of Surgeons, a rare accomplishment for a community hospital.

The very notion of hiring a woman to lead a hospital was quite progressive, as well. But in the decades that follow, extraordinary progress, would be a defining characteristic.





The ICU and step-down care concept was popularized in Manchester.



Progressive Patient Care attracted hospital professionals from 22 states and 16 countries to learn the techniques.



The concept of family-centered childbirth was born here.



A unique approach to patient dining attracted the world to our table.

100 YEARS OF FIRSTS

IN WHICH OUR COMMUNITY HOSPITAL HAS GLOBAL IMPACT

Today, our exceptional physicians stand on the shoulders of some of history's most important healthcare innovators. In the early 1960s, from within the walls of Manchester Memorial Hospital, these leaders effectively changed how many of the world's hospitals would manage and care for patients.

Progressive Patient Care classified and separated patients by the level of care they required – intensive care, routine care and a self-service unit. While commonplace now, it was quite innovative at the time. But Manchester Memorial proved to the world it could effectively reduce costs and demand on staff while providing high-quality care to

patients who needed continuous attention given their medical needs. The more efficient use of resources also meant that hospitals could better treat all patients, regardless of their ability to pay.

It was a breakthrough, popularizing the idea of a separate intensive care unit and step-down care. Experts from across the globe came to Manchester to see the model in action. Most of them returned home to set up the "Manchester Plan of Progressive Patient Care" in their own hospitals. Even the U.S. Department of Health spent two years in Manchester to fully evaluate the concept.

In 1969, Manchester Memorial introduced family centered childbirth to the United States. It was the first in the country to create homelike birthing rooms – more bedroom than hospital room and inclusive of the family. It was also among the earliest proponents of the Lamaze method, opening the country's first specially designed Lamaze delivery rooms.

Moving from birthing rooms to the kitchen, the hospital innovated in diet and nutrition. Chefs turned hospital food into an integral part of patient care and an effective method of lifting spirits. Patients looked forward to the lobster night. And the "Gourmet Hospital" once again captured the world's attention.

Traditionally, the hospital had made the most significant commitment to behavioral health of almost any community hospital in the region. This commitment led to both inpatient and outpatient services, a community crisis center and a fully accredited in-hospital Clinical Adolescent Day School. Most recently, in response to a dramatically underserved health need in the community, the hospital opened one of the region's only geriatric inpatient behavioral health units.

Manchester Memorial even caught the eye of Hollywood. The 1978 film *Promises in the Dark*, starring Marsha Mason and Ned Beatty was shot in locations throughout the hospital.



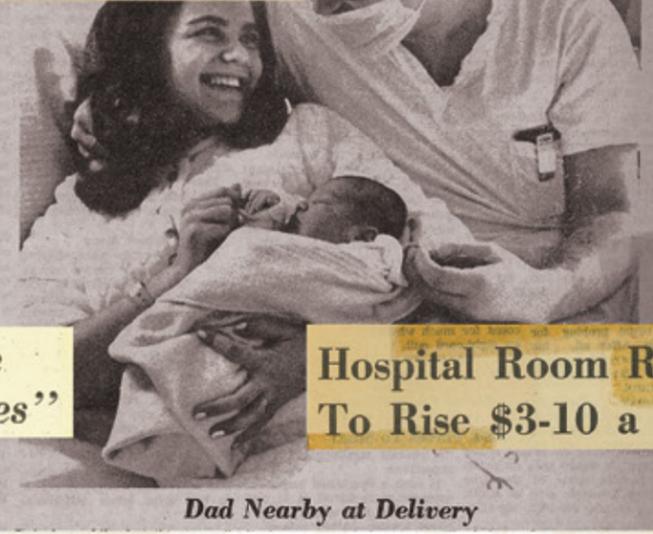
Manchester Hospital receives national award for cancer program

By Will Healey
whesley@journalinquirer.com Jun 26, 2019 Updated



AWARD-WINNING CANCER FIGHTERS

Child Born at Hospital Here With Two Teeth



Memorial Hospital Receives Approval

Hospital Here Now Able To Treat "Blue Babies"

Special Room Planned

Hospital to Permit Husbands at Delivery

Hospital Room Rates To Rise \$3-10 a Day

Dad Nearby at Delivery

MMH Food Service on CATV

Giant Floor Machine Eases Hospital Chore

Hospital Gets Gastroscope

New Device Allows Eying Stomach Ills

Proper Nutrition Is Vital In Prevention of Disease

Hospital Survey To Develop '21st Century Health Program

Hospital Social Service Work a Vital Factor

Family shares holiday tradition with Manchester Hospital nurse

By Will Healey
whesley@journalinquirer.com Dec 28, 2019



Hospital closes 'motel' wing in favor of more home care

Heart Fund Donations Buy Equipment Like This

Atty. Joel Janenda (right) and Richard Carter chat with Mrs. Priscilla Brown, a nurse in the coronary care unit in Manchester Memorial Hospital, and get a first hand look at where money raised by the Hartford Heart Association goes. The subject of discussion is the table in the an, purchased

teers are expected to go door-to-door seeking He nations. A goal of \$225,000 for M. tion h commu Hartford

All contributions will be used to support the cardiovascular objects, professional education, and a munity serve Heart As which Man- Hospital has Heart Asso- defibrillator cardiac arrests

Trees To Be Planted To Honor War Dead

Veterans Day Ceremonies Honor Heroes of All Wars

ter's Vietnam War dead will be honored to- the dedication of cherry trees planted as memorial in their honor. are Mrs. Ed- ward Smith of 15 French Rd.; Mrs. Howard Pemberton of 49 Ridge St.; Mrs. Donald Wilson of 391 Hartford Rd.; Mrs. Rob-

On the Road With Manchester's Paramedics

By LISA STENZA
Courant Staff Writer

Men To Be Admitted To Hospital Auxiliary

Interns Like New Quarters

Children Learn About Hospital Procedures

The Patients Who Come to Dinner

High Praises For Hospital

New X-Ray Equipment Just Installed; Is of the Latest Type

MMH to buy CAT scanner

This Is Total Hospital Communication



Technology Awes Guests from Kenya

Efforts to combat opioid, substance use disorders discussed at ECHN/iCare symposium

Town, hospital propose joint paramedic program



New Techniques Increase Value of Nuclear Medicine

First Patient in New Pediatric



Town Survey To Design Health Care of Future

World War I Honor Roll in Hospital

Homeless Tot at Hospital Made Happy on Birthday



MMH Helps Create Alcoholic Center

Manchester Hospital Pioneers: Care in Stages

4,000 pounds of sophistication

Movers Steve Simmons (right) and Dave English strain to get a 4,000-pound General Electric "Computer Tomo-

a CT-scan, into Manchester Memorial Hosp The \$936,000 device can provide cross-section

Mrs. Lillian D. Scheer of 18 Marion D monitoring device first developed for measuring the well-being of U.S. astr nauts. The device provides continuous accurate recording of physiological co dition. Mrs. Lois Dupham, hospital purchasing agent, baby, examines the

THE GREATEST GIFT



1918

C. Elmore Watkins heads a campaign that raises over \$195,000 in a week to construct a 50-bed community hospital.

1920

Manchester Memorial Hospital is dedicated to the 45 Manchester men who lost their lives in World War I.

1922

Miss Hannah Malmgren leads the hospital to early success, attracting top talent and earning a reputation for excellence.



1978

The film *Promises in the Dark*, starring Marsha Mason and Ned Beatty, is filmed on location at Manchester Memorial Hospital.

1978

The Women, Infants and Children program (WIC) begins providing nutritious food and education to area residents in need. Today, the Family Development Center serves hundreds of families annually with educational resource programs.

1983

A town-wide emergency medical system is created, leading to the establishment of a paramedic service.

1922

The Women's Auxiliary is formed. For 93 years, it is the right arm of the administration and the epitome of community involvement.



1938

The first major addition nearly doubles patient capacity, adding 40 beds in maternity, short-term stay and children's units.



1942

The 5,000th baby is born, on April 17th to Mrs. Ernest Richardson. It took 21 years to reach 5,000 births, but only eight more years to reach 10,000.

1995

The Clinical Day School is formed to nurture students with complex social, emotional and learning challenges.



1995

Manchester Memorial Hospital and Rockville General Hospital merge to form Eastern Connecticut Health Network.

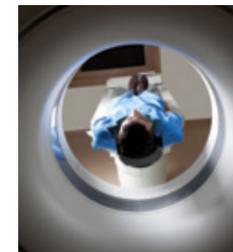
1999

The John A. DeQuattro Community Cancer Center opens on the Manchester Memorial Hospital campus.



100 YEARS AT A GLANCE

IN WHICH WE NOTE MILESTONES, BUT NOT NEARLY ALL OF THEM



2001

PET (positron imaging tomography) introduces new technology for early detection of cancer, heart disease and neurological diseases.

2004

The Family Birthing Center is opened, offering home-like rooms. Neonatal services soon follow.



2005

The Wound Center for Healing is established for patients facing complications from certain wounds.



1945

Three new operating rooms are built as the hospital expands.



1946

The Anne Cheney house on Hartford Road is used for older patients in need of long-term care.

1952

Rapid growth continues from 1952-1959 with new operating rooms, labs, emergency areas and more. By 1959, capacity reaches 274 beds.

2008

ECHN purchases the da Vinci Surgical Robot System to bring robotic surgery to community hospital setting.



2011

The hospital becomes the first medical teaching site east of the river.

2016

Prospect Medical Holdings acquires Eastern Connecticut Health Network.

2018

John A. DeQuattro Cancer Center receives the Outstanding Achievement Award from the Commission on Cancer.

1961

Progressive Patient Care introduces the concept of an intensive care unit and step-down care to the hospital world.



1969

Manchester Memorial Hospital opens some of the first birthing rooms in a community hospital setting and is one of the first U.S. hospitals to offer the Lamaze method of childbirth.



2019

The hospital earns the Gold Plus quality award from the American Heart and American Stroke Associations.



2020

91-year-old Edith M. is the 100th COVID-19 patient discharge. Answering the call during a pandemic echoes the hospital's founding 100 years ago.



Welcome Sylvia, the first baby born at Manchester Memorial Hospital in the year 2020.



It took 21 years to get to 5,000 births, but only another 8 years to reach 10,000.



100 YEARS OF BABIES

IN WHICH WE INSTANTLY FALL IN LOVE



For any physician, nurse or hospital, it is the greatest privilege to participate in the most intimate moments of life – the very beginning and the very end. It is also the greatest responsibility, and one Manchester Memorial Hospital has taken very seriously since its founding.

It was not always the popular professional opinion that childbirth is a joyous, human, family event rather than a medical or surgical one. Owing those words, the hospital has always led the region, and often inspired the country, in creating more specialized and meaningful childbirth experiences for families.



Annual Births at Manchester Memorial Hospital





The 1950s saw a dramatic expansion of services, new facilities and the latest medical technology, like the portable defibrillator proudly displayed here.

100 YEARS OF GROWTH

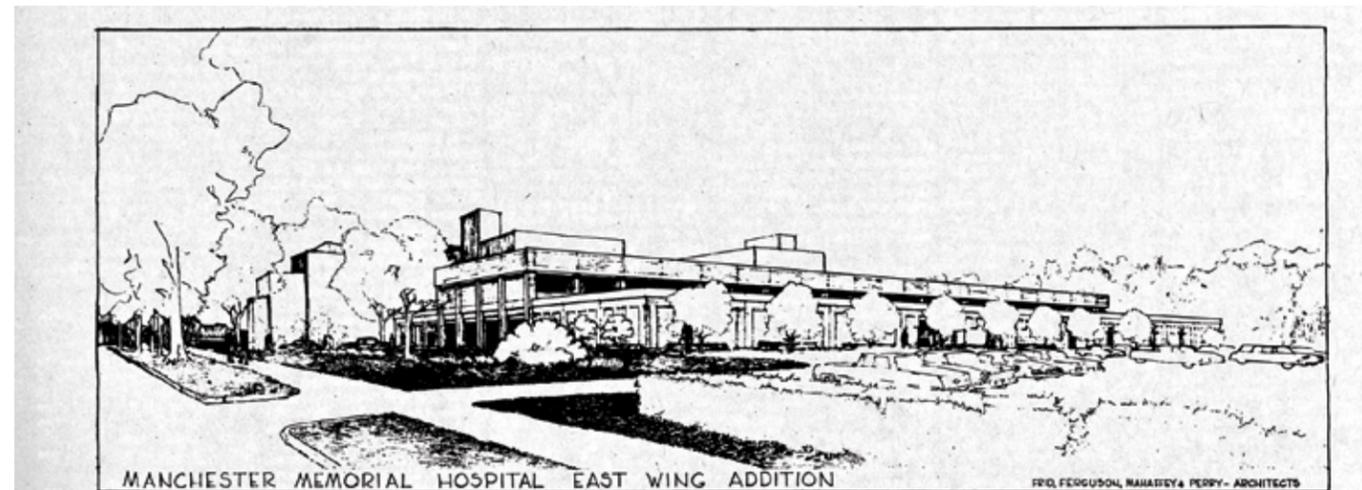
IN WHICH WE KEEP ON KEEPING PACE WITH THE COMMUNITY

Manchester Memorial Hospital opened with a modest 50 beds. Five months later, it purchased a house across the street for a nurses' residence. In 1925, a laundry, boiler room and men's dormitory were added. In 1941, a new wing brought new maternity and pediatric departments. Next, the Anne Cheney house was annexed for patients needing long-term care.

In 1952, a remodel added new wings to both ends. In 1959, the Watkins Wing was dedicated, a five-story structure with operating rooms, labs, a pharmacy, an emergency area and an enlarged cafeteria. With the emergence of Progressive Patient Care, a new self-care unit was added in 1966.

In the 1970s, physical growth continued with new spaces for intensive care, radiology, physical therapy, women's health, community-based blood draw centers and more. Prescription '84 was the largest building project ever undertaken by the hospital and eased crowded conditions in cardiology, emergency, ultrasound and labs while adding a consolidated mental health wing.

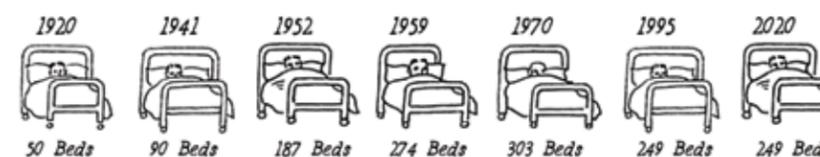
With the community both creating the impetus to expand and often fully funding the efforts, the hospital has always been evolving along with it. Even when structures are not being built, services are expanding to improve access and add value to the lives of community members.



Hospital to Build \$4 Million Wing



Patient Beds at Manchester Memorial Hospital





The Women's Auxiliary miraculously turned afternoon teas, thrift shops and grassroots campaigning into millions of dollars.



100 YEARS OF COMMUNITY

IN WHICH HOSPITAL AND CITIZENRY ARE ONE

The Auxiliary illustrates the community's role in building the hospital's strong foundation. Founded as the Women's Auxiliary in 1922 by Hannah Malmgren, it was instrumental in the hospital's success for 93 years. Dedicated women responded to every call for funding, rallying support and raising millions of dollars for programs, equipment and building projects. The Auxiliary also cultivated an expansive volunteer program, including the popular Pinkies – student volunteers. In the 1960s, it even started allowing men to become members.

The hospital was thoroughly and consistently funded by the Auxiliary, board members, trustees and donors. With a keen appreciation for their contributions, the hospital gives back to the community with great vigor.

Since its founding, Manchester Memorial has dedicated hundreds of millions of dollars and untold staff hours to activities that enhance the health of the community, with a special focus given to underserved populations.

The hospital has always recognized the value of prevention and wellness. Starting decades ago and continuing to this day, it has sponsored health education classes, community events, support groups and screenings – most of them free of charge.

To ensure it is meeting and anticipating the unique health needs of the community, the hospital regularly conducts a comprehensive Community Health Needs Assessment. The results drive the refinement and development of services, health education information, programs, equipment and even facilities.



“THE HOSPITAL ENJOYS AN UNBROKEN HERITAGE WITH THE MANCHESTER ROAD RACE, WHICH STARTED IN 1927, SEVEN YEARS AFTER THE HOSPITAL OPENED.”

– Drew Crandall, ECHN Advisory Board, Manchester Road Race Committee



**Auxiliary Presents
\$48,000 to Hospital**



Hospital Honors 31 Volunteers

*Miss Dawn England, daughter of Mr. and Mrs. William England of 76 Galaxy Dr. was one of 31 Pinkies capped by Mrs. Mary Sterud, director of nursing services in ceremonies. The Pinkies are the hospital's Junior Auxiliary Volunteer Program. (Herald photo by Buccivisius)



Women's Suffrage

On August 18, 1920, the 19th Amendment is ratified, granting women the right to vote.

Gummy Bears

Haribo®, inventor of the ursine treats is established in Germany, December 13, 1920.



First Radio Station

KDKA in Pittsburgh produces the world's first commercial broadcast, November 2, 1920.



The NFL

The National Football League is founded in Canton, Ohio on September 17, 1920.



Tri-color Traffic Light

William Potts, a Detroit police officer, creates the first three-color, four-directional signal.

100s OF OTHER 100s

IN WHICH WE CELEBRATE OTHER FRESHLY MINTED CENTENARIANS

Band-Aid

Cotton-buyer, Earle Dickson invents the adhesive bandage category.



American Civil Liberties Union

The ACLU is founded to defend and preserve the individual rights and liberties guaranteed to every person in this country.

Good Humor Bar

The original chocolate-covered ice cream on a stick is invented in Youngstown, Ohio.



The Inkblot Test

Swiss psychiatrist Hermann Rorschach invents the test bearing his name. (We see a butterfly.)



Prohibition

The 18th Amendment goes into effect, banning the manufacture, sale or transport of alcohol in the U.S.



League of Nations

The organization for international cooperation is established on January 10, 1920.

Jungle Gym

Sebastian Hinton patents the playground staple to "harness the monkey instinct in children."



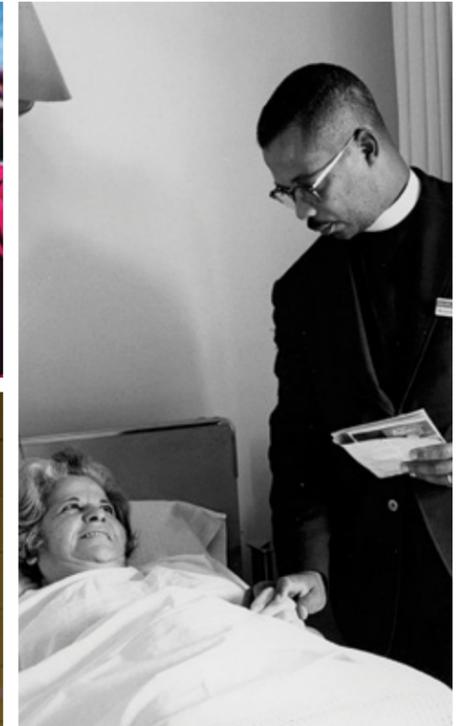


For 100 years, from pandemic to pandemic, the heart of our hospital has remained ready and resilient, compassionate and committed to the community.



To Prevent Influenza!

Do not take any person's breath.
 Keep the mouth and teeth clean.
 Avoid those that cough and sneeze.
 Don't visit poorly ventilated places.
 Keep warm, get fresh air and sunshine.
 Don't use common drinking cups, towels, etc.
 Cover your mouth when you cough and sneeze.
 Avoid Worry, Fear and Fatigue.
 Stay at home if you have a cold.
 Walk to your work or office.
 In sick rooms wear a gauze mask like in illustration.



Spanish flu notice, circa 1918

100 YEARS OF HEART

IN WHICH WE KNOW THE ORIGIN OF EVERYTHING WE DO

It's 100 years later, but in many ways it feels very much like a century ago. Once again, we find ourselves in the middle of a pandemic. And once again, the hospital is answering the call heroically. There have been unfathomable acts of selflessness and compassion in the face of remarkable adversity. Acts by hospital staff to care for the community at the peril of their own well-being. And, beautifully, acts by ordinary citizens from all walks, supporting the hospital with meals, supplies, signs of hope or words of encouragement.

Like 100 years ago, there is a palpable sense of community, single-minded in purpose. This has always been the spirit of Manchester Memorial Hospital. When the community needs us, we answer the call. Sometimes, the answer is simple compassion. Sometimes, the answer is something so progressive, the whole world takes notice. But always, the answer makes our community stronger.

Community is not just where we live or what we serve. It's who we are. It's who we've always been for 100 years.



Manchester Memorial Hospital
71 Haynes St, Manchester, CT

To watch our history in video,
scan this code or go to
echn.org/100



ECHNSM
Eastern Connecticut Health Network