Program Summary

The CT Early Detection and Prevention Program
The CT Early Detection and Prevention Program is part of the Center for Disease Control and Prevention’s (CDC) National Breast and Cervical Cancer Early Detection Program (NBCCEDP). The NBCCEDP has been in place for more than 20 years. The CT Early Detection and Prevention Program is comprised of two programs, The Connecticut Breast and Cervical Cancer Early Detection Program and the WISEWOMAN program.

**The Connecticut Breast and Cervical Cancer Early Detection Program**

The Connecticut Breast and Cervical Cancer Early Detection Program (CBCCEDP) is a comprehensive screening program available throughout Connecticut to provided low-income, uninsured, underinsured, and underserved women access to timely breast and cervical cancer screening services. The primary objective of the program is to significantly increase the number of women who receive breast and cervical cancer screening, diagnostic and treatment referral services. All services are offered free of charge through the Connecticut Department of Public Health's contracted health care providers located statewide. Please reference the Early Detection Enrollment Process in Exhibit A.

**To qualify, participants must**
- Be at or below 250% of the Federal Poverty Level
- Be 40 to 64 years of age for Mammograms and 21 to 64 years of age for Clinical Breast Exams & Pap Tests
- Have no health insurance*
- Have health insurance that excludes routine Pap Tests and/or Mammograms
- Have a high insurance deductible ($1,000 or more)

*Women 65+ who are not enrolled in Medicare Part B may be eligible to receive CBCCEDP services.

Screening and Diagnostic Services include:
- Office Visits to include clinical breast exam, pelvic exam, and pap test
- Screening and Diagnostic Mammograms
- Breast Ultrasounds*
- Breast and Cervical Procedures
- Surgical Consultations

*Breast Ultrasounds for Dense Breast Tissue are approved on a case-by-case basis.

In 2015 and 2016, ECHN had 100% compliance with complete follow-up of abnormal breast and Pap Test screenings. Further, ECHN also had 100% compliance with the NBCCEDP’s minimum compliance goals for the time between initial abnormal finding(s) to the final diagnosis.

**Connecticut WISEWOMAN Program**

Women currently enrolled in the Connecticut Breast and Cervical Cancer Early Detection Program, ages 30 to 64, are also eligible to participate in the Connecticut WISEWOMAN Program. The WISEWOMAN (Well-Integrated Screening and Evaluation for WOMen Across the Nation) Program is located at the Centers for Disease Control and Prevention (CDC) in Atlanta, Georgia, within the Division for Heart Disease and Stroke Prevention (DHDSP).

This program provides low-income, underinsured, or uninsured women with the knowledge, skills, and opportunities needed to improve diet, physical activity, and other life habits to prevent, delay, or control heart disease and other chronic conditions. Through Risk Reduction counseling, the Community Health Navigator will provide resources to coach women to reach and maintain healthy nutrition and physical activity goals for reducing risk of cardiovascular disease and certain cancers.

Since the new program began in 2015, ECHN was given a goal of reaching 74 women in our community through the WISEWOMAN Program. ECHN exceeded that goal by providing WISEWOMEN services to 80 women.
WISEWOMAN offers free health screenings, such as:

- Blood pressure testing
- Cholesterol testing
- Glucose (blood sugar) testing for prediabetes and diabetes

**Program Innovation:** In 2015, the CT Early Detection and Prevention Program introduced an expanded WISEWOMAN Program. ECHN was chosen as the pilot site to introduce the new WISEWOMAN Program model of care incorporating the use of a navigation team. This team included a Community Health Navigator, Clinical Nurse Navigator, and Health Systems Navigator. Each Navigator is assigned a specific role and the team works collaboratively to ensure that women receive all necessary services.

The role of Community Health Navigator is to engage members of our community in order to educate individuals on program benefits, services available, as well as to promote preventative services available under the Affordable Care Act. The WISEWOMAN program also provides evidenced-based lifestyle programs, health coaching, and referrals to community-based resources that support healthy behaviors. Studies have shown that the use of a community health navigator has increased use of preventative services and improves compliance with provider recommended health care plans. Please reference the Community Health Navigator Flowchart in Exhibit B.

The Health Systems Navigator is responsible for enrolling and qualifying participants into the program, and ensures that services are received timely and appropriately. As a certified application counselor, the Health Systems Navigator is also available to educate and facilitate application into an Affordable Care Act compliant health plan.

The Clinical Nurse Navigator is responsible for facilitating care for women identified with abnormal results, and to ensure that the services they receive are timely and appropriate. In order to ensure appropriate care, the Clinical Nurse Navigator utilizes the American Society for Colposcopy and Cervical Pathology Algorithms and the Breast Cancer Diagnostic Algorithms for Primary Care Providers when developing a woman’s care plan. The Clinical Nurse Navigator also serves as a clinical resource to the navigation team, and works with the Community Health Navigator to eliminate barriers to care. Please reference the Patient Process and Navigation Flowchart in Exhibit C.

**ECHN’s Early Detection Program Summary**

ECHN has been a provider in the CT Early Detection and Prevention Program since 1993 and in that time, ECHN (according to documented data) has provided care through the Breast and Cervical Early Detection Program to over 6000 women from diverse populations within the communities we serve. Of the women who have received services through the ECHN Early Detection and Prevention Program, 52 breast cancers and 19 cervical cancers have been diagnosed and treated. We are fortunate to have community healthcare providers as partners in providing care to the women we serve.

They include:

- Anesthesia Associates of Willimantic, PC
- ECHN Breast Care Collaborative
- ECHN Women’s Center for Wellness
- Manchester Memorial and Rockville General Hospitals
- Eastern CT Medical Professionals
- Eastern CT Cancer Institute at the John A. DeQuattro Cancer Center
- Eastern CT Pathology Consultants
- Eastern CT Imaging, PC
- Eastern CT OB/GYN Associates
- Judith Hofrichter, MD
- Manchester OB/GYN Associates
- Mansfield OB/GYN Associates
Under the guidance of an experienced Medical Director, the ECHN Early Detection Program is clinically supervised by a licensed health care provider specializing in women’s health services. ECHN has continually met all program quality assurance standards and clinical protocols for breast and cervical cancer screenings, heart disease risk factor screenings, and risk reduction counseling provided to participants in the program.

In November 2016, the Connecticut Early Detection and Prevention Program formally recognized ECHN’s Project Director for the ECHN Early Detection Program for going above and beyond program performance standards, and for exhibiting best practices in program leadership. The Program Director oversees the ECHN Early Detection Program and ensures compliance is maintained in all CDC performance quality measures.


For more information regarding the ECHN Early Detection Program, please contact our Health Systems Navigator at 860.872.5368.
EXHIBIT A

ECHN Early Detection Program
Enrollment Process

- Provider
  - Provider providers patient with Health Systems Navigator and/or free screening coupon
  - Provider/Provider contacts Health Systems Navigator to enroll

- Family & Friend Referral
  - Family/friend refers patient to program (i.e. existing patient or thru media).
  - Patient/Representative contacts Health Systems Navigator to enroll

- Community Outreach
  - Health Fairs / Community Events / Community Service Programs
  - Media (TV/Print Ads/Radio)
  - Patient/Representative contacts Health Systems Navigator to enroll

SEE PATIENT PROCESS & NAVIGATION FLOWCHART FOR CONTINUATION OF WORKFLOW
ECHN Early Detection Program
Community Health Navigator Flowchart

Does patient meet eligibility for EDP?

Patient Identified as Uninsured / Under Insured through Community Outreach

Yes

Referred to ECHN Certified Applications Counselor (ACA)

No

Enroll client & schedule for office visit & mammogram, complete WW questionnaire

Does patient want support for behavior change

Yes

Provide Health Coaching & Community Supports

No

Provide Written Results & Offer Support

Medical Referral Case Management Risk Reduction Readiness to Change Scale

Abnormal WiseWoman Results

Yes

Perform WWP measurements during Integrated Clinic Office Visit

No

Complete Measurements

Can WWP measurements be obtained at initial

Yes

No

Provide Resources Request permission to follow-up with patient
EXHIBIT C

ECHN Early Detection Program
Patient Process & Navigation Flowchart

1. Patient referred to the EDP
2. Eligibility Determined
3. Is patient eligible?
   - Yes: Health Systems Navigator schedules patient for initial/annual visit with provider.
   - No: Health Systems Navigator discusses options for enrolling in ACA or Medicaid program (if eligible).
4. Data entered into Med-IT by Health Systems Navigator

Breast/Cervical Screening Packet of information sent with exam results, next screening date, and resource list to the patient within ten business days.

- Abnormal Cervical Results
  - Yes: Results entered in Med-IT by Health Systems Navigator (HSN) notifies the Clinical Nurse Navigator (CNN) of abnormal findings.
    - HSN reviews results with CNN & completes patient navigation process form, and any other necessary documentation in Med-IT.
    - Patient is scheduled for appropriate diagnostic follow-up based on the American Society for Colposcopy and Cervical Pathology Algorithms (ASCCP).
  - No: HSN notes recommended follow-up for patient (i.e. 6m mammmo), keep patient in follow-up status, and note in Med-IT.

- Abnormal Breast Exam Results
  - Yes: Results entered in Med-IT by Health Systems Navigator (HSN) notifies the Clinical Nurse Navigator (CNN) of abnormal findings.
    - HSN reviews results with CNN & completes patient navigation process form, and any other necessary documentation in Med-IT.
    - Patient is scheduled for appropriate diagnostic follow-up based on the Breast Cancer Diagnostic Algorithms for Primary Care Providers (CA DPH).
  - No: CNN collaborates with Program Medical Director to discuss patient treatment plan.

- Abnormal WiseWoman Results
  - Yes: Provider & CNN establishes plan of care to address Alert Values at time of visit.
    - Results entered in Med-IT by Community Health Navigator (CHN)
    - CHN contacts patient to review CVD risks and develop goals and documents and communications in Med-IT.
  - No: HSN reviews results with CNN & completes patient navigation process form, and any other necessary documentation in Med-IT.

Final Case Management Care Plan noted in Med-IT.