## **FLU FACTS**



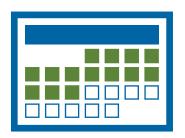
To help prevent the spread of germs:

- COVER COUGHS & SNEEZES
- WASH YOUR HANDS OFTEN
- AVOID TOUCHING EYES, NOSE & MOUTH
- CLEAN INFECTED SURFACES

After vaccination, it takes

ABOUT 2 WEEKS

for the antibodies to develop in the body to protect against the flu virus.





An annual flu shot is the

## BEST PROTECTION

against the constantly changing flu virus.

The Center for Disease Control recommends that everyone six months and older get a flu vaccine, especially if you are:

- PREGNANT
- A CHILD < 5 YRS OLD
- 65 YEARS OLD +
- DIAGNOSED
   WITH A
   CHRONIC
   MEDICAL
   CONDITION
- LIVING
   WITH OR
   CARING FOR
   OTHERS



YOU CANNOT GET
THE FLU FROM THE FLU
VACCINATION.

During 2018-2019,

FLU VACCINATION
PREVENTED AN
ESTIMATED 4.4 MILLION
INFLUENZA ILLNESSES.



SOURCE: The Center for Disease Control

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#### BETWEEN 70% & 85% OF FLU-RELATED DEATHS

in US have occurred among people
65 YEARS AND OLDER.





YOU CANNOT GET
THE FLU FROM THE FLU
VACCINATION.

PEOPLE 65 YEARS AND OLDER are at HIGH RISK OF SERIOUS FLU-RELATED COMPLICATIONS.



A high dose flu vaccine that contains

4X AMOUNT OF

ANTIGEN

as a regular flu shot is available for **PEOPLE 65 YEARS AND OLDER.** 



**BETWEEN 50% - 70% OF FLU-RELATED HOSPITALIZATIONS** 

are people 65 YEARS AND OLDER.

SOURCE: The Center for Disease Control

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#### 50% OF FLU-RELATED DEATHS

among **CHILDREN** with high risk medical conditions were avoided with the flu vaccine.





YOU CANNOT GET
THE FLU FROM THE FLU
VACCINATION.

#### 2/3 OF FLU-RELATED DEATHS

among **CHILDREN** without medical conditions were avoided with the flu vaccine.



# FLU VACCINATIONS HELP WOMEN DURING AND AFTER PREGNANCY.

Vaccinations also protect the baby several months after birth.



7,000 - 26,000 CHILDREN < 5 YRS OLD

have been hospitalized each year in the US because of influenza.

SOURCE: The Center for Disease Control

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