

Study Title: Community Cancer Care, Evaluation of Frequency of Medical Nutrition Therapy Visits to Achieve Nutritional Goals by Patients with Aerodigestive Cancers

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The purpose of this research is to evaluate whether nutrition services protocols of follow up visits conducted weekly without regard to weight loss patterns is better at preventing weight loss, hospitalizations and treatment delays than follow up MNT (medical nutrition therapy) visits based on the current protocol of a 3 pound weight loss in one week.

Inclusion:

- 1) All head and neck and esophageal cancer patients receiving radiation therapy at DQCC
- 2) All patients included regardless of chemotherapy status, enteral nutrition or post op status
- 3) Patients must be starting radiation therapy on or after March 1, 2015
- 4) There are no restrictions based on age, race or gender

Exclusion:

- 1) Data from patient's who are deceased during treatment or are deemed hospice level of care during treatment will be excluded